

Suceava, 30<sup>th</sup> of June – 2<sup>nd</sup> of July 2022

**8<sup>TH</sup> ENSEC CONFERENCE**

## **Social Emotional Learning and Positive Development**

Programme Book

European Network for Social and Emotional Competence (ENSEC)  
Ștefan cel Mare University of Suceava, Suceava, Romania (USV)  
Learning for Life Society (LfL)

**Suceava, 30<sup>th</sup> of June – 2<sup>nd</sup> of July 2022**

**Social Emotional Learning and Positive Development**

<http://ensec-conference.eu/>

**Organizers**

European Network for Social and Emotional Competence (ENSEC)

<https://www.enseceurope.com/>

Ștefan cel Mare University of Suceava, Suceava, Romania (USV)

<https://usv.ro/>

Learning for Life Society, Suceava, Romania (LfL)

<https://www.facebook.com/LearningForLifeSociety>

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## The Conference Theme

The main themes of the conference include Cross Cultural Perspectives on Social and Emotional Learning fostering Positive Development, Mental Health in Schools, Teacher Training in Mental Health and Social – Emotional Learning, Promoting Resilience through Education, Social Emotional Learning for Adults and Inclusive Communities and are organized in themed sessions on substantive and methodological topics including the following:

1. Mental Health in Schools
2. Teacher Training in SEL and Mental Health
3. Assessment of SEL and Mental Health
4. SEL and Media & Technologies
5. Evidence - Based Practices in SEL and Mental Health
6. SEL and Inclusive Communities
7. SEL for Adult Education
8. SEL and Mental Health – Policy Development
9. Resilience – Promoting Through Education





## Chairman's Foreword

Dear participants,

It is our honor and pleasure to welcome you at the 8th edition of the International ENSEC Conference – Social Emotional Learning and Positive Development.

After two difficult years, characterized by COVID pandemic we are happy to meet you all at Suceava, Romania, both in presence and virtually. The last years brought many challenges, but also made us more resilient and creative, using new technologies for learning and communication.

We are grateful to have this opportunity to share the latest results of our research on SEL, to develop new cooperation and common projects, to experience learning environments created by workshops.

This edition brought together more than 150 scholars interested in SEL and its impact on positive development, belonging to 25 countries from Europe and abroad.

This edition provides a special space for discussing and debating the ways to deal with crisis in time of pandemic or war. ENSEC specialists will provide a one-day pre-conference workshop addressed to teachers from Ukraine, Moldavia and Romania. Also, two plenary sessions will be allocated for discussion related to refugees' support and crisis intervention using SEL and enhancing resilience.

ENSEC Conference is striving for presenting the newest tendencies in SEL and education so we invited distinguished speakers, prestigious researchers and experts in their field from Europe and United States of America to inspire us by plenary sessions presentations.

ENSEC Conference is striving for impact so we cooperate with national and international journals, proposing a conference proceeding to be indexed by Web of Science, so our work in the field of psychology and education to be shared and recognized.

This conference is the result of the hard work, support and dedication of different people: the chairs of ENSEC, the Stefan cel Mare University organizing team and the leadership team, the Romanian Ministry of Education, the international scientific committee. We are grateful to them all!

We value your participation at the conference and hope you to get new insights for your academic mission in the field of social and emotional learning!

Enjoy the 8th ENSEC Conference!

Aurora Adina Colomeischi







## USV Rector's Foreword

Dear ENSEC 2022 participants,

I have the pleasant mission to present you one of the most dynamic higher education institutions in Eastern Europe, Stefan cel Mare University of Suceava (USV), located in Bukovina, a region in north-eastern Romania.

USV is an innovative and complex public higher education institution, which offers undergraduate, master's, doctoral and post-doctoral programs and conducts scientific research in the fields of economics, technical sciences, engineering and computer science, natural sciences, humanities and health.

The first university in Romania in terms of the number of patents and inventions in the last decade, USV plays a key role in the development and dissemination of scientific knowledge. Since its establishment in 1963, our university has been a strong presence in a city of over 100,000 inhabitants, with a

decisive contribution in building a modern identity for the local community, in the geopolitical context of regional development and cross-border relations between Romania, Ukraine and the Republic of Moldova.

After more than half a century of service to higher education in the city of Suceava, USV responds to the challenges of new bold projects with enthusiasm and responsibility, assuming its protective and rewarding role for countless academic performances, human models and moral landmarks that have undoubtedly contributed to the evolution and emancipation of national spirituality.

Once you arrive at USV in Bukovina, we hope you will rediscover the principles of an authentic life based on freedom, knowledge, morality, tolerance, responsibility, and excellence.

Valentin Popa

A handwritten signature in blue ink that reads "Valentin Popa". The script is cursive and fluid, with the first letter 'V' being particularly large and stylized.

## Organisers and Committees

### Local Organizing Committee



Universitatea  
Ștefan cel Mare  
Suceava



Learning  
For **Life**

**Adina Aurora Colomeischi** | Chair of 8<sup>TH</sup> ENSEC CONFERENCE 2022

**Petruța Paraschiva Rusu** | Associate Professor PhD, USV

**Maria Doina Schipor** | Associate Professor PhD, USV & LfL

**Gabriel Cramariuc** | Lecturer PhD, USV & LfL

**Constantin Florin Domunco** | Lecturer PhD, USV & LfL

**Liliana Bujor** | Lecturer PhD, USV

**Diana Sînziana Duca** | Lecturer PhD, USV

**Alina Ionescu-Corbu** | Assistant Professor PhD, USV

**Andreea Ursu** | Assistant Professor PhD, USV

**Romina Bondor** | Assistant Professor PhD, USV

**Gabriela Mihaela Blumenfeld** | Chief Secretary of Faculty of Education Sciences, USV

**Lucian Palievici** | System engineer, USV

### ENSEC Organizing Committee



**Carmel Cefai** | Chair: ENSEC Onaray Chair

**Adina Aurora Colomeischi** | Chair: Country coordination & Communication, Newsletter

**Valeria Cavioni** | Chair: Membership, Communication: Website and Social Media

**Anikó Zsolnai** | Chair: Conference

**Annalisa Morganti** | Chair: Research Collaborations & Funding, Special Interest Groups

<https://www.enseceurope.com/who-we-are>

## Scientific Committee

First Name	Name	Institution	Country
Carmel	Cefai	University of Malta	Malta
Valeria	Cavioni	University of Milano-Bicocca	Italy
Aurora Adina	Colomeischi	Stefan cel Mare University of Suceava	Romania
Rafael	Bisquerra Alzina	University of Barcelona	Spain
Otilia	Clipa	Stefan cel Mare University of Suceava	Romania
Gemma	Filella Guiu	University of Lleida	Spain
Ilaria	Grazzani	University of Milano-Bicocca	Italy
Mine	Gol - Guven	Boğaziçi University	Republic of Türkiye
Brigitta	Kimber	Umeå University	Sweden
Paula	Lebre	Lisbon University	Portugal
Baiba	Martinsone	Latvia University	Latvia
Annalisa	Morganti	University of Perugia	Italy
Daniela	Muntele	Al. I. Cuza University of Iasi	Romania
Petruța Paraschiva	Rusu	Stefan cel Mare University of Suceava	Romania
Maria Doina	Schipor	Stefan cel Mare University of Suceava	Romania
Celeste	Simoes	University of Lisbon	Portugal
Helen	Cowie	University of Surrey	UK
Maria	Poulou	University of Patras	Greece
Augusta Maria	Branco	Polytechnic Institute of Bragança	Portugal
Angela Ioana	Andrei Podina	Science of Education Institute Bucharest University	Romania
Sanja	Tatalovic Vorkapic	University of Rijeka	Croatia

## Sponsors & Media Partners



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Universitatea  
Ștefan cel Mare  
Suceava

**LUMEN**  
EDITURA  
în elita editurilor românești



## General Conference Information

### Conference Venues

#### **Opening Ceremony / Plenary Sessions / Closing Ceremony**

Stefan cel Mare University of Suceava

Aula USV, E Building

Address: 13 Universităţii, Suceava

#### **Conference Papers (CP) / Symposium (S) / Posters (P) / Workshops (W)**

Stefan cel Mare University of Suceava

E Building

Address: 13 Universităţii, Suceava

#### **Welcome Reception**

Stefan cel Mare University of Suceava

Mosaik Restaurant

Address: 68 Sofia Vicoveanca Boulevard, Suceava

Meeting point: in front of the Building A

#### **Lunch Break**

Stefan cel Mare University of Suceava

USV Restaurant

Address: 13 Universităţii, Suceava

#### **Gala Dinner – Traditional Romanian Flavors Experience – countryside, folk music and dances**

Varvara de Bucovina Guesthouse

Address: 521 Voronet Street, Gura Humorului, Romania

Travel by bus on the route: Suceava - Humor Monastery - Voronet

Monastery - Varvara de Bucovina Guesthouse - Return

Meeting point: in front of the Building A

## Usefull informations

**Currency:** RON (Romanian New Leu)

**Exchange Rate:** the Romanian National Bank: <http://www.bnro.ro/Cursul-de-schimb-524.aspx>

**Time:** GMT/UTC +2 hour

**Telephone:** the international dialling code for the Romaniais +40 (0040)

**Wi-Fi:** available in all restaurants, cafes, hotels and many other locations. Full internet access at the conference venues as well.

**Hypermarkets and shopping centres** are usually open 7 days a week until 9 or 10 pm, even on public holidays. Shops and petrol stations operate nonstop.

**Banks** are open on weekdays during working hours (09-17:30).

**Emergency Calls: 112**

**Local transport**

**Taxi Services:**

TinTaxi: +40 230.222.333 / +40 752.522.222 / +40 729.522.222

**Car sharing companies:** 

## Types of contributions

### Symposium (S)

A symposium is a topical session that is organized by one or more chairs. A symposium includes two or three presentations and a discussant (option 1) or three or four presentations without a discussant (option 2). All papers should be related to the topic of the symposium. The length of a symposium is 60-90 minutes. There should be approximately 15-20 minutes for a general discussion.

### Conference Paper (CP)

Individual paper presentations are oral presentations that are grouped together by the Organizing Committee into symposia of three to four papers. An individual paper presentation is 15 minutes. There will be approximately 15-20 minutes for a general discussion at the end of the symposium.

### Workshop (W)

A workshop is an interactive session with clear educational and practical components. It typically involves demonstration and hands-on instruction on a particular practice, program, methodology, or skill. It gives ample opportunities for participant activity and discussions. The length of a workshop is 60-90 minutes.

### Poster (P)

The poster combine a verbal presentation with a visual aid. They are given to a small group of people, are limited in time and range of view, and are interactive. The poster size is A0 (841x1189mm).



## Timeline of the Conference

### Wednesday 29/6

**10:30 – 12:00 Preconference Workshop** (Observator 1, Observatory Building)  
**Prof. Carmel Cefai**, University of Malta, Malta  
*Resilience in crisis situation I*

12:00 – 13:00 Lunch Break (USV Restaurant)

**13:00 – 14:30 Preconference Workshop** (Observator 1, Observatory Building)  
**Prof. Carmel Cefai**, University of Malta, Malta  
*Resilience in crisis situation II*

14:30 – 15:00 Coffee Break (Observator 1, Observatory Building)

**15:00 – 16:30 Preconference Workshop** (Observator 1, Observatory Building)  
**Prof. Carmel Cefai**, University of Malta, Malta  
*Resilience in crisis situation III*

## Thursday 30/6

**09:00 – 10:00 Conference Registration** (Aula USV Hall, E Building)

**10:00 – 11:00 Opening Ceremony** (Aula USV, E Building & Virtual)

**Valentin Popa**, Rector of Stefan cel Mare University of Suceava

**Mihai Dimian**, Vice-Rector of Stefan cel Mare University of Suceava

**Aurora Adina Colomeischi**, Dean of Faculty of Education Sciences, Stefan cel Mare University of Suceava & Chair ENSEC 2022

**Carmel Cefai**, ENSEC Honorary Chair

**11:00 – 12:00 Plenary Session 1** (Aula USV, E Building & Virtual)

**Prof. Carmel Cefai**, University of Malta, Malta

**Dr. Adina Aurora Colomeischi**, Stefan cel Mare University of Suceava, Romania

*Supporting Refugee Learners*

12:00 – 13:00 Lunch Break (USV Restaurant)

**13:00 – 14:30 Conference Papers 1 (CP)**

**Workshops 1 (W)**

**Symposium 1 (S)**

14:30 – 15:00 Coffee Break (Aula USV Hall, E Building)

**15:00 – 16:30 Conference Papers 2 (CP)**

**Workshops 2 (W)**

**Symposiums 2 (S)**

16:30 – 17:00 Coffee Break (Aula USV Hall, E Building)

**17:00 – 18:00 Plenary Session 2** (Aula USV, E Building & Virtual)

**Dr. Stephanie Jones**, Harvard Graduate School of Education, USA  
*The Science and Practice of Social and Emotional Learning*

19:00 – 21:00 Welcome Reception (Mosaik Restaurant)

## Friday 1/7

**09:00 – 10:00 Plenary 3** (Aula USV, E Building & Virtual)

**Dr. Marcelino Cabrera**, European Commission Joint Research Centre (JRC)  
*LifeComp: a tool for Personal and Social development in Education*

10:00 – 10:30 Coffee Break (Aula USV Hall, E Building)

**10:30 – 12:00 Conference Papers 3 (CP)**

**Workshops 3 (W)**

12:00 – 13:00 Lunch Break (USV Restaurant)

**13:00 – 14:00 Plenary 4** (Aula USV, E Building & Virtual)

**Dr. Marc Brackett**, Yale Center for Emotional Intelligence, USA  
*Permission to Feel: The Power of Emotional Intelligence to Achieve Well-Being and Success*

**14:00 – 15:00 Special talk – ENSEC Award for lifetime achievement** (Aula USV, E Building & Virtual)

**Dr. Maurice Elias**, Rutgers University, USA  
Using SEL to Navigate Crisis, Navigating SEL During Crisis

**15:00 – 15:15 ENSEC Members meeting**

**15:15 – 15:30 ENSEC Posthumous Award**

**Dr. Roger P. Weissberg**

**15:30 – 19:30 Cultural activities – visiting UNESCO Painted Monasteries**

**19:30 – 22:00 Gala Dinner – Traditional Romanian Flavors Experience – countryside, folk music and dances** (Varvara de Bucovina Guesthouse)

## Saturday 2/7

**09:00 – 10:00 Plenary 5** (Aula USV, E Building & Virtual)

**Dr. Adrian Opre**, Babeş-Bolyai University in Cluj-Napoca, Romania  
*Social emotional learning programs: Conceptualization, empirical support and ecological validity*

10:00 – 10:30 Coffee Break (Aula USV Hall, E Building)

**10:30 – 12:00 Conference Papers 4 (CP)**

**Workshops 4 (W)**

**12:00 – 13:00 Poster session**

**13:00 – 13:30 Closing Ceremony & Conclusions** (Virtual & Aula USV, E Building)

## Conference Timeline Overview

Time	Wednesday 29/6	Thursday 30/6	Friday 1/7	Saturday 2/7	
09:00 10:00	Pre-conference Workshop (Observator 1, Observatory Building)	Conference Registration (Aula USV Hall, E Building)	Plenary Session 3 (Aula USV, E Building & Virtual)	Plenary Session 5 (Aula USV, E Building & Virtual)	
10:00 10:30		Opening Ceremony (Aula USV, E Building & Virtual)	Coffee Break (Aula USV Hall, E Building)	Coffee Break (Aula USV Hall, E Building)	
10:30 11:00			Conference Papers 3 (CP) Workshops 3 (W)	Conference Papers 4 (CP) Workshops 4 (W)	
11:00 12:00					Plenary Session 1 (Aula USV, E Building & Virtual)
12:00 12:30 12:30 13:00		Lunch Break (USV Restaurant)	Lunch Break (USV Restaurant)	Lunch Break (USV Restaurant)	Poster Session
13:00 13:30	Pre-conference Workshop (Observator 1, Observatory Building)	Conference Papers 1 (CP) Workshops 1 (W) Symposium 1 (S)	Plenary Session 4 (Aula USV, E Building & Virtual)	Closing Ceremony & Conclusions (Aula USV, E Building & Virtual)	
13:30 14:00			Special talk ENSEC Award for lifetime achievement (Aula USV, E Building & Virtual)		
14:00 14:30					
14:30 15:00	Coffee Break (Observator 1, Observatory Building)	Coffee Break (Aula USV Hall, E Building)	ENSEC Members Meeting ENSEC Posthumous Award		
15:00 15:30	Pre-conference Workshop (Observator 1, Observatory Building)	Conference Papers 2 (CP) Workshops 2 (W) Symposium 2 (S)			Cultural activities – visiting UNESCO Painted Monasteries
15:30 16:30					
16:30 17:00		Coffee Break (Aula USV Hall, E Building)			
17:00 18:00		Plenary Session 2 (Aula USV, E Building & Virtual)			
19:00 19:30		Welcome Reception (Mosaik Restaurant)			
19:30 21:00					
21:00 22:00			Gala Dinner – Traditional Romanian Flavors Experience – countryside, folk music and dances		

## Plenary Sessions (PS)



## Plenary 1

### Thursday 30/6

11:00 – 12:00 (Aula USV, E Building & Virtual)

### Carmel Cefai | University of Malta, Malta

#### *Supporting Refugee Learners*



*Carmel Cefai PhD (Lond), FBPS, studied education at the University of Malta, health psychology at the University of Stirling (UK) and educational psychology at the University of Wales (UK). His PhD at the Institute of Education, University of London, focused on schools as contexts for the promotion of resilience. He is founding Director at the Centre for Resilience and Socio-Emotional Health, and Professor (and former Head) at the Department of Psychology, Faculty for Social Wellbeing at the University of Malta.*

*He is Honorary Chair of the European Network for Social and Emotional Competence (ENSEC), joint founding editor of the International Journal of Emotional Education, and a member of the coordinating team of the European Commission Network of Experts on Social Aspects of Education and Training (NESET).*

*His research interests are focused on how to create healthy spaces which promote the resilience, wellbeing and psychological wellbeing of children and young people and mental health promotion in schools. He has led various local, national, European and international research projects in social and emotional learning, mental health in schools, and resilience and wellbeing in children and young people. These include ten EU funded projects (three as coordinator) and various national projects. He works in close collaboration with other partners in the area in various universities and agencies across the world. He has more than 100 publications, including peer reviewed journal papers, books, research reports and book chapters. One of these, RESCUR Surfing the Waves, A Resilience Curriculum for Early Years and Primary Schools (2015) has been translated in more than ten languages.*

**Contact:** <https://www.um.edu.mt/profile/carmelcefai>

## Plenary 2

**Thursday 30/6**

17:00 – 18.00 (Aula USV, E Building & Virtual)

**Stephanie Jones | Harvard Graduate School of Education, USA**

*The Science and Practice of Social and Emotional Learning*



*Stephanie M. Jones is the Gerald S. Lesser Professor of Child Development and Education in the Harvard Graduate School of Education at Harvard University. Her research, anchored in prevention science, focuses on the effects of poverty and exposure to violence on children and youth's social, emotional, and behavioral development. Over the last ten years her work has focused on evaluation research addressing the impact of preschool and elementary focused social-emotional learning interventions on behavioral and*

*academic outcomes and classroom practices; as well as new curriculum development, implementation, and testing. Jones' research portfolio emphasizes the importance of conducting rigorous scientific research, including program evaluation, that also results in accessible content for early and middle childhood practitioners and policymakers. In 2002, she received her doctorate in developmental psychology from Yale University, where she trained with Edward Zigler and Alice Carter. She was awarded the 2008 Grawemeyer Award in Education for her work with Zigler and Walter Gilliam on A Vision for Universal Preschool Education, published by Cambridge University Press. In 2013, Jones received the Joseph E. Zins Early-Career Distinguished Contribution Award for Action Research in Social and Emotional Learning, which recognizes the efforts of outstanding contributors in advancing social emotional learning research and expanding evidence-based practice. She was co-editor of the 2018 issue of Future of Children focused on social and emotional learning and is a member of the Council of Distinguished Scientists for the National Commission on Social, Emotional, and Academic Development convened by the Aspen Institute.*

**Contact:** <https://www.qse.harvard.edu/faculty/stephanie-jones>



## Plenary 3

### Friday 1/7

09:00 – 10:00 (Aula USV, E Building & Virtual)

**Marcelino Cabrera** | European Commission Joint Research Centre (JRC)

*LifeComp: a tool for Personal and Social development in Education*

*Dr. Marcelino Cabrera is a senior researcher in the Human Capital and Employment Unit, Joint Research Centre, European Commission. He is currently in charge of studies on Key Competences for Lifelong Learning, including Digital DigComp and 'Personal, Social and Learning to Learn'. Marcelino is co-author of the conceptual framework LifeComp and the recently released European Sustainability Competence Framework GreenComp. He is also leading studies on Artificial Intelligence in Education. Marcelino has a long research experience in eHealth, eGovernment, digital technologies for social inclusion, and the Cohesion policies, including the Smart Specialization of Regions. He has degrees in Mathematics, Computer Science, and Psychology of Health and Wellbeing, and holds a Ph.D. in the European Union and Citizenship.*



**Contact:** Dr. Marcelino Cabrera, European Commission Joint Research Centre (JRC) - Unit Human Capital and Employment. Edificio Expo - Calle Inca Garcilaso 3, E-41092 Sevilla – Spain, [Marcelino.Cabrera@ec.europa.eu](mailto:Marcelino.Cabrera@ec.europa.eu)

## Plenary 4

**Friday 1/7**

13:00 – 14:00 (Aula USV, E Building & Virtual)

**Marc Brackett | Yale Center for Emotional Intelligence, USA**

*Permission to Feel: The Power of Emotional Intelligence to Achieve Well - Being and Success*

Marc Brackett, Ph.D., is the founding director of the Yale Center for Emotional Intelligence and a professor in the Child Study Center at Yale University. His research focuses on the role of emotional intelligence in learning, decision making, creativity, relationships, health, and performance. He has published over 150 scholarly articles, received numerous awards, and is featured regularly in popular media outlets such as



the New York Times, Good Morning America, CBS This Morning, and The Today Show. Marc serves on a number of boards, including the Collaborative for Academic, Social, and Emotional Learning (CASEL), the nonprofit that founded the field of social and emotional learning (SEL).

Marc is the lead developer of RULER, a systemic, evidence-based approach to SEL that has been adopted by over 3,000 public, independent, and charter schools across the United States and in 27 other countries, including Australia, China, England, Italy, Mexico, and Spain. Research shows that RULER boosts academic performance, decreases school problems like bullying, enriches classroom climates, reduces teacher stress and burnout, and enhances teacher instructional practices.

Marc is the author of *Permission to Feel: Unlocking the Power of Emotions to Help our Kids, Ourselves, and our Society Thrive*, which has been translated into 22 languages.

**Contact:** Marc A. Brackett, Ph.D., Yale Center for Emotional Intelligence, Email: [Marc.brackett@yale.edu](mailto:Marc.brackett@yale.edu), Twitter: @marcbrackett, Instagram: @marc.brackett, Facebook: @drmarchbrackett

## Plenary 5

### Saturday 2/7

09:00 – 10:00 (Aula USV, E Building & Virtual)

**Adrian Opre** | Babeş-Bolyai University in Cluj-Napoca, Romania

*Social emotional learning programs: Conceptualization, empirical support and ecological validity*

*Adrian Opre is a tenured professor at the Psychology Department of Babeş-Bolyai University. His competence domains are: cognitive and educational psychology, personality psychology, applications of cognitive sciences in education. Over the past 12 years, dr. Opre's preoccupations have focused primarily on the socio-emotional development programs for children and young persons. The most relevant outputs are Self kit ([www.selfkit.ro](http://www.selfkit.ro)) and DASECA Programs. Adrian Opre was director/coordinator or member in over 20 research projects/development-research projects and published as a first author or co-author over 75 studies in scientific journals, ISI indexed – over 30, reviewed in international databases or acknowledged by the scientific community; he published 5 books as a first/primary author, 6 books as co-author and 18 book chapters.*



#### Contact:

<http://psychology.psiedu.ubbcluj.ro/ro/despre-noi/membri/cadre-didactice/12-profesori/10-prof-univ-dr-adrian-opre>



## Special Talk (ST)



## ENSEC Award for lifetime achievement (ST)

**Friday 1/7**

14:00 – 15:00

**Maurice J. Elias | Rutgers University, USA**

*Using SEL to Navigate Crisis, Navigating SEL During Crisis*

Maurice J. Elias is a professor in the Psychology Department at Rutgers University, director of the Rutgers Social-Emotional and Character Development Lab, and co-director of the Academy for Social-Emotional Learning in Schools, which offers certificate programs in direct instruction and school leadership relating to SEL and character development for educators and student support professionals in school and out-of-school settings. He has received the Sanford McDonnell Award for Lifetime Achievement in Character Education and the Joseph E. Zins Memorial Senior Scholar Award for Social-Emotional Learning from the Collaborative for Academic, Social, and Emotional Learning (CASEL). Prof. Elias is on the leadership teams of SEL4US and SEL4NJ. Prof. Elias lectures nationally and internationally to educators and parents about students' emotional intelligence, school success, social-emotional and character development, and youth purpose. Among Prof. Elias's numerous books are *The Joys & Oys of Parenting*, *Nurturing Students' Character: Everyday Teaching Activities for Social-Emotional Learning*, *Boost Emotional Intelligence in Students: 30 Flexible Research-Based Lessons to Build EQ Skills*, ASCD's *Promoting Social and Emotional Learning: Guidelines for Educators*, the Social Decision Making/Social Problem Solving curricula for grades K–8, the new e-book *Emotionally Intelligent Parenting*, and a book for young children called *Talking Treasure: Stories to Help Build Emotional Intelligence and Resilience in Young Children*.



**Contact:** <https://psych.rutgers.edu/faculty-profiles-a-contacts/93-maurice-elias>





## Conference Papers (CP)



## CP1A | SEL and Mental Health – Policy Development

13:00 – 14:30

**Thursday 30/6**

**Room: E126,  
E Building**

**Chair:**

**Petruța**

**Paraschiva Rusu**

(Stefan cel Mare

University of

Suceava, Suceava,

Romania)

**M. del Mar Haro Soler** (Universidad de Granada, Spain)

**José Gijón Puerta** (Universidad de Granada, Spain)

**Carmen Verdejo Lucas** (Clínica Carmen Verdejo, Granada, Spain)

**Pilar Posadas de Julián** (Victoria Eugenia Conservatory of Music of Granada, Granada, Spain)

**Mercedes García de Quesada** (Universidad de Granada, Granada, Spain)

*Bridging the gap between academia and society: a case for competence-based research and training in higher education*

**Carla Peixoto** (Center for Research and Innovation in Education (inED), School of Education, Porto Polytechnic, Porto, Portugal & University of Maia – ISMAI, Research Unit in Psychology and Human Development, Maia, Portugal)

**Vera Coelho** (University of Maia – ISMAI, Research Unit in Psychology and Human Development, Maia, Portugal & Center of Psychology of Porto University, Porto, Portugal)

**Sílvia Barros** (Center for Research and Innovation in Education (inED), School of Education, Porto Polytechnic, Porto, Portugal)

**Fátima Sousa-Pereira** (School of Education, Viana do Castelo Polytechnic, Viana do Castelo, Portugal)

**Francisco Machado** (University of Maia – ISMAI, Research Unit in Psychology and Human Development, Maia, Portugal)

**Ana Sofia Moreira** (University of Maia – ISMAI, Research Unit in Psychology and Human Development, Maia, Portugal)

**Júlia Ferreira** (University of Maia – ISMAI, Research Unit in Psychology and Human Development, Maia, Portugal)

**Alexandra Marques-Pinto** (Faculty of Psychology, University of Lisbon, Lisbon, Portugal)

*Social-emotional competence of Portuguese pre-service teachers: An exploratory study (Virtual)*

**Ivana Hanzec Marković** (University of Slavonski Brod, Department of Social Sciences and Humanities, Slavonski Brod, Croatia)

**Andreja Brajša-Žganec** (Institute of Social Sciences Ivo Pilar, Zagreb, Croatia)

**Marija Džida** (Institute of Social Sciences Ivo Pilar, Zagreb, Croatia)

**Toni Babarović** (Institute of Social Sciences Ivo Pilar, Zagreb, Croatia)

**Renata Miljević-Ridički** (University of Zagreb, Faculty of Teacher Education, Zagreb, Croatia)

*Self-regulation in primary school children: Examining the role of family resiliency and parental behaviors (Virtual)*

**Ionela Bogdan** (Stefan cel Mare University of Suceava, Suceava, Romania & Alexandru Ioan Cuza University of Iasi, Iasi, Romania)

**Maria Nicoleta Turliuc** (Alexandru Ioan Cuza University of Iasi, Iasi, Romania)  
*Postpartum mental health: Can dyadic stress explain the association between marital satisfaction and postpartum depression?*

**Petruța-Paraschiva Rusu** (Stefan cel Mare University of Suceava, Suceava, Romania)

**Diana-Sinziana Duca** (Stefan cel Mare University of Suceava, Suceava, Romania)

**Ionela Bogdan** (Stefan cel Mare University of Suceava, Suceava, Romania)

**Andreea Ursu** (Stefan cel Mare University of Suceava, Suceava, Romania)

*Emotions and emotion regulation in family relationships*

## CP1B | SEL for Adult Education

13:00 – 14:30

Thursday 30/6

Room: E201,  
E Building

### Chair:

**Niva Dolev**

(Kinneret College  
on the Sea of  
Galilee, Israel)

**Maria Priego** (Universidad de Lleida, Lleida, Spain)

**Nuria Garcia-Blanc** (Universidad de Lleida, Lleida, Spain)

**Raquel Gomis** (Universidad de Lleida, Lleida, Spain)

**Judit Teixiné** (Universidad de Lleida, Lleida, Spain)

**Gemma Fillela** (Universidad de Lleida, Lleida, Spain)

*Emotional competencies in university students (Virtual)*

**Niva Dolev** (Kinneret College on the Sea of Galilee, Israel)

*Development of Emotional Intelligence in Preschool Teachers: A Training Framework for Lifelong Learning*

**Khawla Zoabi** (The Academic Arab College for Education in Israel-Haifa, Israel)

**Hanadi Abu Ahmad** (The Academic Arab College for Education in Israel-Haifa, Israel)

**Eman Abu-Hanna Nahhas** (The Academic Arab College for Education in Israel-Haifa, Israel)

*Improving Social-Emotional Learning (SEL) skills among Arab teachers in Israel (Virtual)*

**Ioana Boghian** (Vasile Alecsandri University of Bacau, Bacau, Romania)

**Venera-Mihaela Cojocariu** (Vasile Alecsandri University of Bacau, Bacau, Romania)

*Using Games to Build Social Emotional Learning Skills*

**Diana Antoci** (Tiraspol State University, Moldova)

**Valentina Mîslîţchi** (Tiraspol State University, Moldova)

*Relationship Between Emotional Intelligence and Burnout Syndrome of the Teachers from General Education Institutions*

**Alessia Lalomia** (University of Murcia, Murcia, Spain)

**Antonia Cascales-Martínez** (University of Murcia, Murcia, Spain)

*Social-emotional skills development, the design of a project in a danish school (Virtual)*

## CP1C | Resilience – Promoting Through Education

13:00 – 14:30  
Thursday 30/6

Room: E210,  
E Building

Chair:

**Angela Andrei**  
(Stefan cel Mare  
University of  
Suceava, Suceava,  
Romania)

**Elena Bujorean** (Stefan cel Mare University of Suceava, Suceava, Romania)  
*Protective factors for the resilience of high school students*

**Regina Ferreira Alves** (CIEC – Research Centre Child Studies, Institute of Education – University of Minho, Braga, Portugal)

**Susana Caires** (CIEC – Research Centre Child Studies, Institute of Education – University of Minho, Braga, Portugal)

**Patrícia Magalhães** (CiEd, Research Centre of Education, Institute of Education – University of Minho, Braga, Portugal)

**Ângela Martins** (CIEC – Research Centre Child Studies, Institute of Education – University of Minho, Braga, Portugal)

**Sabina Valente** (Research Center in Education and Psychology at the University of Évora)

*Impact assessment of an Emotional Education program with Portuguese university students (Virtual)*

**Daniela Dumulescu** (Lucian Blaga University, Sibiu, Romania)

**Constantin Valer Necula** (Lucian Blaga University, Sibiu, Romania)

*Psychological capital, gratitude, motivation and life satisfaction among school teachers in Romania (Virtual)*

**Bat Katzman** (Kinneret Academic College, Israel)

*The impact of educators' Emotion Intelligence on work-motivation and parent involvement in the non-formal education.*

**Valeria Goncear** (Universitatea de Stat din Moldova, Moldova)

*Determinants of deviant behavior in students*

**Andreea Ursu** (Stefan cel Mare University of Suceava, Suceava, Romania)

**Adina-Aurora Colomeischi** (Stefan cel Mare University of Suceava, Suceava, Romania)

*Resilience and perceived stress: the mediating role of emotion regulation*

## CP2A | SEL and Media & Technologies

15:00 – 16:30  
Thursday 30/6

Room: E126,  
E Building

Chair:

**Diana Sînziana Duca** (Stefan cel Mare University of Suceava, Suceava, Romania)

**Ronen Kasperski** (Shaanan Academic Religious Teachers' College & Gordon College for Education, Israel)

**Merav Hemi** (Shaanan Academic Religious Teachers' College & Gordon College for Education, Israel)

*Promoting Socio-Emotional Learning Competencies in Higher Education Through Online Clinical Simulations (Virtual)*

**Nadia Koltcheva** (Department of Cognitive Science and Psychology, New Bulgarian University, Bulgaria)

**Carla Peixoto** (University of Maia – ISMAI, Research Unit in Psychology and Human Development & Center for Research and Innovation in Education (inED), School of Education, Porto Polytechnic, Portugal)

**Vera Coelho** (University of Maia – ISMAI, Research Unit in Psychology and Human Development & Center of Psychology of Porto University, Portugal)

*EU-SELF: an European Platform about Social and Emotional Skills in Early Childhood Education (Virtual)*

**Maria Adriana Nichitean** (Stefan cel Mare University of Suceava, Suceava, Romania)

**Diana Sînziana Duca** (Stefan cel Mare University of Suceava, Suceava, Romania)

*The role of personality traits, emotional intelligence and gender in the behavior of using the internet and social networks*

**Elena Ichim** (Alexandru Ioan Cuza University of Iași, Iași, Romania)

*Scaffolding the Social-Emotional Learning of Talented Students (Virtual)*

**Nicoleta Samarescu** (University of Pitești, Pitești, Romania)

*SEL strategies in mathematics teaching-learning process (Virtual)*

**Anna Szekely** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)

**Eszter Kotyuk** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)

**Nikoletta Magyar** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)

**Bianka Gonye** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, Hungary & Doctoral School of Psychology, ELTE Eötvös Loránd University)

**Lilla Szabo** (Institute of Education & MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)

**Attila Rausch** (Institute of Education & MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)

**Tamas Borsos** Obimon Systems Ltd.

**Peter Haga** Obimon Systems Ltd.

**Sandor Albrecht** Obimon Systems Ltd.

**Anikó Zsolnai** (Institute of Education & MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)

*Facilitating school readiness through individualized skill training using a novel wearable sensor technology (Virtual)*

## CP2B | SEL and Inclusive Communities

15:00 – 16:30  
Thursday 30/6

Room: E201,  
E Building

Chair:

**Nadia Laura Serdenciuc**  
(Stefan cel Mare  
University of  
Suceava, Suceava,  
Romania)

**Tristan Middleton** (University of Gloucestershire, Gloucestershire, United Kingdom)  
*Authentic Inquiry: How the RENYO Erasmus+ project identified the importance of relational aspects of education for learners in secure youth justice institutions*

**Lynda Kay** (University of Gloucestershire, Gloucestershire, United Kingdom)  
**Tristan Middleton** (University of Gloucestershire, Gloucestershire, United Kingdom)  
*Uncharted territory and extraordinary times: Partnership during a pandemic - supporting the emotional wellbeing of adults who support children with SEN*

**Donita Torres** (Eastern Washington University, Washington, United States of America)  
**A. Suzie Henning** (Eastern Washington University, Washington, United States of America)  
**Eliza Jex** (Eastern Washington University, Washington, United States of America)  
**Carissa Gran** (Eastern Washington University, Washington, United States of America)  
*What is the correlation between well-being and positive school climate? Teacher candidate perspectives from a rural, regional comprehensive university. (Virtual)*

**Annalisa Morganti** (University of Perugia, Perugia, Italy)  
**Alessia Signorelli** (University of Perugia, Perugia, Italy)  
**Stefano Pascoletti** (University of Udine, Udine, Italy)  
*Boosting the social emotional coefficient for inclusion: a perspective model for embedding sel in the curriculum*

**Mariana Lavric** (Sanatorium Secondary School Bușteni, Bușteni, Romania)  
**Camelia Soponar** (Al.I.Cuza University of Iasi, Iasi, Romania)  
*Art therapy and social emotional development in students with special educational needs. Effects on anxiety, empathy and prosocial behavior (Virtual)*

**Eleni Fotopoulou** (National Technical University of Athens, School of Electrical and Computer Engineering, Athens, Greece)  
**Anastasios Zafeiropoulos** (National Technical University of Athens, School of Electrical and Computer Engineering, Athens, Greece)  
**Èlia López Cassà** (University of Barcelona, Faculty of Education, Barcelona, Spain)  
**Adina Colomeischi** (Stefan Cel Mare University of Suceava, Suceava, Romania)  
**Christina Papasolomontos** (Cyprus Pedagogical Institute, Nicosia, Cyprus)  
**Rafael Bisquerra** (Asociación Red Internacional de Educación Emocional y Bienestar (RIEEB), Barcelona, Spain)  
**Maria Papamichael** (Cyprus Pedagogical Institute, Nicosia, Cyprus)  
**Athina Thanou** (National Technical University of Athens, School of Electrical and Computer Engineering, Athens, Greece)  
**Symeon Papavassiliou** (National Technical University of Athens, School of Electrical and Computer Engineering, Athens, Greece)  
*EduCardia: an ICT-enabled methodology for assessment and improvement of socioemotional competencies of students based on in-person and online activities (Virtual)*

**Mariia Oliinyk** (Yuriy Fedkovych Chernivtsi National University, Chernivtsi, Ukraine)  
**Roksoyana Oliinyk** (Yuriy Fedkovych Chernivtsi National University, Chernivtsi, Ukraine)  
*The problem of training preschool education specialists to implement innovative technologies in working with special educational needs children (Virtual)*

## CP2C | Resilience – Promoting Through Education

15:00 – 16:30  
Thursday 30/6

Room: E210,  
E Building

### Chair:

**Otilia Clipa**  
(Stefan cel Mare  
University of  
Suceava, Suceava,  
Romania)

**Adrian Estrela Pereira** (Eötvös Loránd University, Hungary)  
**Do Thi Dung** (Eötvös Loránd University, Hungary)  
**Byambasuren Nyamkhuu** (Eötvös Loránd University, Hungary)  
**Daria Borodina** (Eötvös Loránd University, Hungary)  
**György Mészáros** (Eötvös Loránd University, Hungary)  
*The significance of Music Educators' Social Emotional Competences: a Study Focused on Intercultural Higher Education Contexts (Virtual)*

**Evelyn S Johnson** (Aperture Education, United States of America)  
**Jennifer L Robitaille** (Aperture Education, United States of America)  
**Joseph L Mahoney** (Aperture Education, United States of America)  
**Emily Parker** (Aperture Education, United States of America)  
*A Process for the Cultural Adaptation of Social and Emotional Competence Measures*

**Maria Mogîldea** (Moldova State University, Chisinau, Moldova)  
*Academic knowledge continuity by research integrity*

**Cristina Maria Florescu** (University of Oradea, Oradea, Romania)  
**Laura Nicoleta Bochiș** (University of Oradea, Oradea, Romania)  
**Karla Melinda Barth** (University of Oradea, Oradea, Romania)  
**Mihaela Indries** (University of Oradea, Oradea, Romania)  
*Can dysfunctional negative emotions explain students' level of academic motivation in online learning at university? (Virtual)*

**Otilia Clipa** (Stefan cel Mare University of Suceava, Suceava, Romania)  
**Alexandra Gabriela Drapac** (Stefan cel Mare University of Suceava, Suceava, Romania)  
**Diana Sînziana Duca** (Stefan cel Mare University of Suceava, Suceava, Romania)  
*Positive emotions, coping styles and stress in an educational context*

**Constantin Florin Domunco** (Stefan cel Mare University of Suceava, Suceava, Romania)  
*Emotional costs and emotional benefits of achieving performance in academic competitions*

**Oana Monica Moșoiu** (University of Bucharest, Bucharest, Romania)  
*Caring is learning: nurturing well-being in primary and secondary schools in Romania (Virtual)*



## CP2D | SEL for Adult Education

15:00 – 16:30  
Thursday 30/6

Room: E119,  
E Building

Chair:

Inga Russu  
(State University of  
Moldova, Chisinau,  
Moldova)

**Inga Russu** (State University of Moldova, Chisinau, Moldova)  
*Adopter training - an essential premise for successful adoption*

**Eduard Coropceanu** (Tiraspol State University, Moldova)  
*The influence of training through research in the field of Natural Sciences on the professional motivation of teachers*

**Asha BS Aradhya** (Learning Curve Life Skills Foundation, India)  
**Subbu Parameswaran** (Learning Curve Life Skills Foundation, India)  
*Efficacy of a systemic SEL intervention 'acSELeRate' on students' SEL development: An evidence from a field study (Virtual)*

**Diana Antoci** (Tiraspol State University, Moldova)  
**Valentina Mislitchi** (Tiraspol State University, Moldova)  
*Lifelong learning - a desideratum of the contemporary personality*

**Anabela Caetano Santos** (Departamento de Educação, Ciências Sociais e Humanidades, Faculdade de Motricidade Humana, Universidade de Lisboa, Portugal & Instituto de Saúde Ambiental, Universidade de Medicina, Portugal & Laboratório de Pesquisa e Prevenção em Educação e Saúde (LaPPES), Instituto de Psicologia, Universidade de São Paulo, Brasil & ISCTE – Instituto Universitário de Lisboa (IUL), CIS-IUL, Lisboa, Portugal)

**Patrícia Arriaga** (ISCTE – Instituto Universitário de Lisboa (IUL), CIS-IUL, Lisboa, Portugal)  
**João R. Daniel** (William James Center for Research, ISPA – Instituto Universitário, Lisbon, Portugal)

**Carmel Cefai** (Centre for Resilience & Socio-Emotional Health, University of Malta, Msida, Malta)

**Márcia H. S. Melo** (Laboratório de Pesquisa e Prevenção em Educação e Saúde (LaPPES), Instituto de Psicologia, Universidade de São Paulo, Brasil)

**Agoritsa Psyllou** (Department of Primary Education, Faculty of Primary Education, University of Thessaly, Volos, Greece)

**Jin-Jy Shieh** (Faculty of Education, University of Macau, Macau)

**Nicola Schutte** (University of New England, Armidale, Australia)

**Crispiniano Furtado** (Grupo disciplinar de Matemática e Estatística, Faculdade de Ciências e Tecnologias, Universidade de Cabo Verde, Praia, Cabo Verde)

**Celso H. David** (Instituto Superior de Ciências da Educação de Benguela, Universidade Katyavala Bwila, Benguela, Angola)

**Manecas C. Azevedo** (Universidade Rovuma, Nampula, Moçambique; Centro de Investigação em Estudos da Criança (CIEC), Universidade do Minho, Portugal)

**Eleni Andreou** (Faculty of Education, University of Macau, Macau)

**Celeste Simões** (Departamento de Educação, Ciências Sociais e Humanidades, Faculdade de Motricidade Humana, Universidade de Lisboa, Portugal & Instituto de Saúde Ambiental, Universidade de Medicina, Portugal)

*A cross-cultural multilevel study about the association between socioemotional competences and student engagement in youth*

**Angela Andrei** (Stefan cel Mare University, Faculty of Education Sciences, Suceava, Romania)

**Andreea Diana Scoda** (Unit of Research in Education, the National Centre for Policies and Evaluation in Education, Bucharest, Romania)  
*Teachers' Self-efficacy in Developing Social Emotional Learning (SEL) in the Romanian School Context (Virtual)*

## CP3A | Assessment of SEL and Mental Health

10:30 – 12:00

Friday 1/7

Room: Aula USV,  
E Building

Chair:

**Vitor Alexandre Coelho**

(Psychology for Positive Development Research Center & Académico de Torres Vedras, Portugal)

**Csilla Márton** (Babeş-Bolyai University, Romania)

*The Sociometric Status of Preschoolers and Its Relation with Other Psychosocial Aspects (Virtual)*

**Asha BS Aradhya** (Learning Curve Life Skills Foundation, India)

**Nymisha Y** (Learning Curve Life Skills Foundation, India)

**Linda Torv** (Yale Center for Emotional Intelligence, United States of America)

**Christina Cipriano** (Yale Center for Emotional Intelligence, United States of America)

*Exploring SEL assessment tools in cross-cultural context: Issues & Learning from India (Virtual)*

**Vera Coelho** (University of Maia, Portugal)

**Carla Peixoto** (University of Maia, Portugal)

**Francisco Machado** (University of Maia, Portugal)

**Helena Azevedo** (University of Maia, Portugal)

**Mónica Soares** (University of Maia, Portugal)

**Andreia Espain** (Associação Mente de Principiante, Portugal)

*Effects of a Social-Emotional Learning Program on Elementary School Children Competencies and Classroom Peer Context (Virtual)*

**Oana Jitaru** (Gheorghe Asachi Technical University, Iaşi, Romania)

**Roxana Bobu** (Gheorghe Asachi Technical University, Iaşi, Romania)

**Cristina Bostan** (Gheorghe Zane Economic and Social Research Institute, Iaşi, Romania)

*Social and emotional skills in adapting students to the academic environment (Virtual)*

**Vitor Alexandre Coelho** (Psychology for Positive Development Research Center & Académico de Torres Vedras, Portugal)

**Marta Marchante** (Psychology for Positive Development Research Center & Académico de Torres Vedras, Portugal)

**Patrícia Brás** (Académico de Torres Vedras, Portugal)

*Scaling up: Effectiveness results of a nationwide implementation of the Positive Attitude upper middle school SEL program*

**Vitor Alexandre Coelho** (Psychology for Positive Development Research Center & Académico de Torres Vedras, Portugal)

**Marta Marchante** (Psychology for Positive Development Research Center & Académico de Torres Vedras, Portugal)

*Did the COVID-19 confinement influenced the results of an SEL program on students' social anxiety and social withdrawal?*

## CP3B | Assessment of SEL and Mental Health

10:30 – 12:00

**Friday 1/7**

**Room: E126,  
E Building**

**Chair:**

**Angela Andrei**

(Stefan cel Mare

University of  
Suceava, Suceava,  
Romania)

**Konstantina Tsoli** (NKUA, Greece)

*Exploring the relation between teacher candidates' emotional intelligence and their educational practices: a case study in Greece (Virtual)*

**Laurențiu-Dragoș-Florin Mândrea** (University of Oradea, Oradea, Romania)

**Julien-Ferencz Kiss** (University of Oradea, Oradea, Romania)

*Assesment of emotional intelligence of inmates by observation method (Virtual)*

**Lilla Szabó** (ELTE Eötvös Loránd University, Doctoral School of Education, Hungary;  
ELTE Eötvös Loránd University, Institute of Education, Hungary)

**Anikó Zsolnai** (ELTE Eötvös Loránd University, Institute of Education, Hungary)

*Relationships of affective and cognitive engagement with students' well-being (Virtual)*

**Kristie Helene** (Universidade de Santiago de Compostela, Spain)

**Durante Novoa** (Universidade de Santiago de Compostela, Spain)

*Possible uses for student assessment outcomes in Social and Emotional Learning programmes (Virtual)*

**Oana Dănilă** (Alexandru Ioan Cuza University of Iasi, Iasi, Romania)

**Maria Țupac-Iordan** (Alexandru Ioan Cuza University of Iasi, Iasi, Romania)

*Childhood abuse and adult interpersonal relationship challenges (Virtual)*

**Nuria Garcia-Blanc** (Universidad de Lleida, Lleida, Spain)

**Raquel Gomis** (Universidad de Lleida, Lleida, Spain)

**Judit Teixiné** (Universidad de Lleida, Lleida, Spain)

**Maria Priego** (Universidad de Lleida, Lleida, Spain)

**Agnès Ros-Morente** (Universidad de Lleida, Lleida, Spain)

*Emotional, satisfaction and school competencies: analysis of their relationship in primary school (Virtual)*

**Anna Szekely** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)

**Krisztian Kasos** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)

**Luca Csirmaz** (Doctoral School of Psychology & MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)

**Robert Bizonics** (Doctoral School of Psychology & MTA-ELTE Lendület Adaptation

Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)  
**Lilla Szabó** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)  
**Blanka Csuti** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)  
**Szabolcs Szekely** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)  
**Sandor Albrecht** (Obimon Systems Ltd., Hungary)  
**Andras Veres** (Obimon Systems Ltd., Hungary)  
*A data-driven approach to E Building emotional competencies (Virtual)*

## CP3C | Mental Health in Schools

10:30 – 12:00

Friday 1/7

Room: E227,  
E Building

Chair:

**Sanja Tatalović**  
**Vorkapić** (Faculty  
of Teacher  
Education,  
University of  
Rijeka, HR)

**Lynda Lattke** (Università degli Studi di Torino, Italy)  
**Aurelia De Lorenzo** (Università degli Studi di Torino, Italy)  
**Emanuela Rabagliett** (Università degli Studi di Torino, Italy)  
*The relationship between students' Sense of Belonging and Anxiety during pandemic times (Virtual)*

**Maria-Magdalena Dimitriu** (Stefan cel Mare University of Suceava, Suceava, Romania)  
**Aurora Adina Colomeischi** (Stefan cel Mare University of Suceava, Suceava, Romania)  
**Diana-Sinziana Duca** (Stefan cel Mare University of Suceava, Suceava, Romania)  
*Relationships between well-being, resilience, emotional intelligence and experiencing difficult situations in children. The effects of experiencing difficult situations on students' well-being and resilience*

**Dumitrina Gazzi** (Alexandru Ioan Cuza University of Iași, Iași, Romania)  
**Daniela Muntele Hendres** (Alexandru Ioan Cuza University of Iași, Iași, Romania)  
*Factors favorable for the learned optimism in preadolescence (Virtual)*

**Andrei Dumbravă** (Alexandru Ioan Cuza University of Iași, Iași, Romania)  
*Mental Health Utopia 1: Most psychological interventions are overestimated. Why paradigm shifts are unlikely (Virtual)*

**Andrei Dumbravă** (Alexandru Ioan Cuza University of Iași, Iași, Romania)  
*Mental Health Utopia 2: "Psychotherapies for depression in youth are effective" vs. "60% of youth receiving therapy do not respond". Leveraging "the Rashomon effect" for either cementing the status quo or attempting a paradigm shift (Virtual)*

**Maria-Doina Schipor** (Stefan cel Mare University of Suceava, Suceava, Romania)  
**Otilia Clipa** (Stefan cel Mare University of Suceava, Suceava, Romania)  
**Teodora Papuc** (Stefan cel Mare University of Suceava, Suceava, Romania)  
*Understanding the Relationship between Work-Related Stress, Emotional Intelligence, and Organizational Climate for Teachers and Managers*

## CP3D | Mental Health in Schools

10:30 – 12:00

**Friday 1/7**

**Room: E101,  
E Building**

**Chair:**

**Andreea Ursu**  
(Stefan cel Mare  
University of  
Suceava, Suceava,  
Romania)

**Tudorița Grădinariu** (Universitatea Alexandru Ioan Cuza din Iași, Iași, Romania)  
*Preventing bullying in school: developing students' social-emotional skills through drama and art techniques (Virtual)*

**Carmel Cefai** (University of Malta, Malta)  
**Celeste Simoes** (University of Lisbon, Portugal)  
*A systemic, whole-school approach to mental health and well-being*

**Adina Colomeischi** (Stefan cel Mare University of Suceava, Suceava, Romania)  
**Andreea Ursu** (Stefan cel Mare University of Suceava, Suceava, Romania)  
*How does perceived stress relate life satisfaction in pre-university teachers? The mediating role of wellbeing*

**Angela Potâng** (Moldova State University, Chisinau, Moldova)  
**Ruxandra Șterbeț** (Moldova State University, Chisinau, Moldova)  
*Comparative study on psychological assistance in school (Virtual)*

**Ronen Kasperski** (Shaanan Academic Religious Teachers' College & Gordon College of Education, Haifa, Israel)  
**Eliezer Yariv** (Gordon College of Education, Haifa, Israel)  
*Tools for developing the SEL competencies of students with emotional difficulties (Virtual)*

**Petrovan Ramona Stefana** (1 Decembrie 1918 University of Alba Iulia, Alba Iulia, Romania)  
*Developing the emotional intelligence of the preschooler through curriculum-specific activities*

**Kathryn Margaret Evans** (Social and Emotional Behavioural Difficulties Association, France)  
*Pandemic times. How do we assess and respond to children and young people who have what might be called 'mental health difficulties'*

## CP4A | Mental Health in Schools

10:30 – 12:00

**Saturday 2/7**

**Room: E118,  
E Building**

**Chair:**

**Nadia Laura  
Serdenciuc**

(Stefan cel Mare  
University of  
Suceava, Suceava,  
Romania)

**Inna Perepeliuk** (Yuriy Fedkovych Chernivtsi National University, Ukraine)  
*Developmental game technologies in speech therapy work with older preschool children* **(Virtual)**

**Anabela Caetano Santos** (Aventura Social Associação, Portugal)

**Roberta Renati** (Noah Innovation for Health)

**Daniel Mara** (Lucian Blaga University of Sibiu)

**Tamara Zappaterra** (Ferrara University)

**Roberta Memeo** (Grifo Multimedia)

**Celeste Simões** (Aventura Social Associação, Portugal)

**Staša Kukulj** (Zagreb University)

**Natale Salvatore Bonfiglio** (Noah Innovation for Health)

**Rhoda Myra Garces-Bacsal** (United Arab Emirates University)

**Lia Bologa** (Lucian Blaga University of Sibiu)

**Paula Lebre** (Aventura Social Associação, Portugal)

**Ana Maria Radu** (Lucian Blaga University of Sibiu)

**Marija Šarić Drnas** (Zagreb University)

*Games and Inclusion For Teacher Education: Presentation of the GIFTED project premises and goals* **(Virtual)**

**Sri Marmoah** (Universitas Sebelas Maret, Indonesia)

**Jenny I.S.Poerwanti** (Universitas Sebelas Maret, Indonesia)

**Suharno** (Universitas Sebelas Maret, Indonesia)

*Principal Management in Digital Literacy Empowerment for Elementary School Teachers* **(Virtual)**

**Daria Borodina** (Eötvös Loránd University, Budapest, Hungary)

*Analysis of Self-regulation among students in higher education (Russia, Chelyabinsk State University)*

**Halyna Chuyko** (Yuriy Fedkovych Chernivtsi National University, Ukraine)

**Tetiana Koltunovych** (Yuriy Fedkovych Chernivtsi National University, Ukraine)

**Yan Chaplak** (Yuriy Fedkovych Chernivtsi National University, Ukraine)

*Emotional intelligence in the context of personal dispositions development of students future psychologists*

**Nadia Laura Serdenciuc** (Stefan cel Mare University of Suceava, Suceava, Romania)

*Wonder in Education- Rediscovering the Joy of Learning*

## CP4B | Evidence - Based Practices in SEL and Mental Health

10:30 – 12:00

**Saturday 2/7**

**Room: E119,  
E Building**

### Chair:

**Liliana Bujor** (Stefan cel Mare University, Suceava, Romania)

**Teresa Maria Sgaramella** (University of Padova, Padova, Italy)

**Lea Ferrari** (University of Padova, Padova, Italy)

**Margherita Bortoluzzi** (University of Padova, Padova, Italy)

*Can Social-Emotional Competences contribute to building positive future identities in primary school children? (Virtual)*

**Alessia Lalomia** (University of Murcia, Murcia, Spain)

**Patricia Boberg** (Nørrebro Park School, Copenhagen)

**Antonia Cascales-Martínez** (University of Murcia, Murcia, Spain)

*Nørrebro Park School, an experience of Danish primary's school's context, priorities and practices (Virtual)*

**Daniela Dumulescu** (Lucian Blaga University, Sibiu, Romania)

**Maria Cristina Popa** (Lucian Blaga University, Sibiu, Romania)

*Strategies for reducing maths anxiety- primary school teachers' perceptions and experiences*

**Ioana R. Podina** (University of Bucharest, Bucharest, Romania)

**Ana-Maria Bucur** (University of Bucharest, Bucharest, Romania)

**Diana Todea** (University of Bucharest, Bucharest, Romania)

**Liviu Fodor** (Babes-Bolyai University, Cluj-Napoca, Romania)

**Andreea Luca** (University of Bucharest, Bucharest, Romania)

**Liviu P. Dinu** (University of Bucharest, Bucharest, Romania)

**Rares Boian** (Babes-Bolyai University, Cluj-Napoca, Romania)

*Reddit language as a tool to identify depression and anxiety loaded content in cancer survivors (Virtual)*

**Maria Magdalena Abrăcel** (Alexandru Ioan Cuza University of Iasi, Iasi, Romania)

**Daniela Muntele Hendreş** (Alexandru Ioan Cuza University of Iasi, Iasi, Romania)

*Well-being in pregnancy. Parameters that can be considered in prenatal SEL programs (Virtual)*

**Tashfeen Ahmad** (The University of the West Indies, Jamaica)

*Student's social and emotional learning via mobile phone learning*

**Tina Vrabie** (Faculty of Psychology and Education Sciences, Alexandru Ioan Cuza University of Iasi, Iasi, Romania)

*Students' Perspective on Honors Teacher Profile: An Exploratory Study*

## CP4C | Teacher Training in SEL and Mental Health

10:30 – 12:00

**Saturday 2/7**

**Room: E126,  
E Building**

### Chair:

**Cosmina Mironov**

(University of Bucharest,  
Faculty of Psychology  
and Educational  
Sciences, Bucharest,  
Romania)

**Cristina - Corina BENTEA** (Dunarea de Jos University of Galati, Galati, Romania)

*Motivational orientations for teaching profession and psychological well-being in a sample of preservice teachers (Virtual)*

**Speranța Țibu** (National Center for Education Policy and Evaluation, Bucharest, Romania)

**Cosmina Mironov** (University of Bucharest, Faculty of Psychology and Educational Sciences, Bucharest, Romania)

**Petre Feodorian Botnariuc** (National Center for Education Policy and Evaluation, Bucharest, Romania)

*Teachers' Needs to Implement an Integrated School Level Approach to Developing the Socio-Emotional Competences of Students – The Experience of Six Romanian Pilot Schools*

**Susana Caires** (CIEC, Institute of Education – University of Minho, Portugal)

**Regina Ferreira Alves** (CIEC, Institute of Education – University of Minho, Portugal)

**Ângela Martins** (CIEC, Institute of Education – University of Minho, Portugal)

**Patrícia Magalhães** (CiEd, Research Centre of Education, Institute of Education – University of Minho, Braga, Portugal)

**Sabina Valente** (Research Center in Education and Psychology at the University of Évora, Portugal)

*Promoting socioemotional skills during Initial Teacher Training: A pilot Emotional Educational Program at the University of Minho, Portugal (Virtual)*

**Valeria Botezatu** (State University of Moldova, Moldova)

*Theoretical Aspects of the Appreciative Intelligence of Teachers in Higher Education*

**Lea Ferrari** (University of Padova, Padova, Italy)

**Teresa Maria Sgaramella** (University of Padova, Padova, Italy)

**Bortoluzzi Margherita** (University of Padova, Padova, Italy)

*Primary school teachers' needs for providing SEL curricula for children: Evidence from the PSsmile program (Virtual)*

**Nadejda Butnari** (Moldova State University, Chisinau, Moldova)

**Nina Bîrnaz** (Moldova State University, Chisinau, Moldova)

**Rodica Pascari** (Moldova State University, Chisinau, Moldova)

*Strategies for stimulating intrinsic consciousness in the training process*

**Do Thi Dung** (Eötvös Loránd University, Budapest, Hungary)

*Teachers' social and emotional competence: a new approach of teacher education in Vietnam*



## CP4D | Teacher Training in SEL and Mental Health

10:30 – 12:00

**Saturday 2/7**

**Room: E101,  
E Building**

**Chair:**

**Maria-Doina Schipor**  
(Stefan cel Mare  
University of Suceava,  
Suceava, Romania)

**Alexandra Silvas** (George Emil Palade University of Medicine, Pharmacy, Science, and Technology of Targu Mures, Romania)

**Irina-Mihaela Trifan** (George Emil Palade University of Medicine, Pharmacy, Science, and Technology of Targu Mures, Romania)

*Social and emotional strategies to promote positive behaviours in preschoolers (Virtual)*

**Daniela Mihaela Florescu** (Transilvania University Brasov, Brasov, Romania)

**Laura Elena Ciolan** (University of Bucharest, Bucharest, Romania)

*Training teachers in early education in order to develop socio-emotional skills in preschoolers (social and emotional learning) (Virtual)*

**Diana Csorba** (University of Bucharest, Bucharest, Romania)

*The emotion of pedagogical metaphor – new hermeneutical approaches (Virtual)*

**Aghnar Haymour** (Eötvös Loránd University, Budapest, Hungary)

*Social and Emotional Learning in Palestinian Schools*

**Speranța Farca** (National University of Arts, Bucharest, Romania)

**Oana Gheorghe** (National University of Arts, Bucharest, Romania)

*Difficulties in accommodating students with the academic environment (Virtual)*

**Luca Calligaro** (ENAC - Ente Nazionale Canossiano, Verona Italy)

*3H (Head, Heart, Hand) project (Virtual)*

**Hana Gačal** (Faculty of Education and Rehabilitation Sciences, University of Zagreb, Croatia)

**Josipa Mihić** (Faculty of Education and Rehabilitation Sciences, University of Zagreb, Croatia)

*Does self-compassion protect adolescents from distress? The relationship between gender, self-compassion, and psychological distress in adolescents (Virtual)*



## Symposiums (S)



## S1 | Evidence - Based Practices in SEL and Mental Health

13:00 – 14:30  
Thursday 30/6

Aula USV,  
E Building

Chair:

**Valeria Cavioni**  
University of Milano-Bicocca, Italy

**Valeria Cavioni** (University of Milano-Bicocca, Italy)  
*The PROMEHS project: A comprehensive multi-component curriculum to promote mental health at schools*

**Ilaria Grazzani** (University of Milano-Bicocca, Italy)  
**Veronica Ornaghi** (University of Milano-Bicocca, Italy)  
**Valeria Cavioni** (University of Milano-Bicocca, Italy)  
**Elisabetta Conte** (University of Milano-Bicocca, Italy)  
**Alessia Agliati** (University of Milano-Bicocca, Italy)  
**Sabina Gandellini** (University of Milano-Bicocca, Italy)  
**Maria Poulou** (University of Patras, Greece)  
*Promoting mental health in school: The PROMEHS project*

**Sanja Tatalović Vorkapić** (University of Rijeka, Croatia)  
**Adina Aurora Colomeischi** (Stefan cel Mare University of Suceava, Romania)  
*PROMEHS Teachers' Training: The effect of PROMEHS Curriculum on teachers' mental health in Croatia and Romania*

**Carmel Cefai** (University of Malta, Malta)  
**Paul Bartolo** (University of Malta, Malta)  
**Liberato Camilleri** (University of Malta, Malta)  
**Celeste Simoes** (University of Lisbon, Portugal)  
*PROMEHS Mental Health Curriculum in schools: Evaluating its impact in six European countries*

**Baiba Martinsone** (University of Latvia, Faculty of Education, Psychology and Art)  
**Ieva Stokenberga** (University of Latvia, Faculty of Education, Psychology and Art)  
**Ize Damberga** (University of Latvia, Faculty of Education, Psychology and Art)  
**Vineta Inberga** (University of Latvia, Faculty of Education, Psychology and Art)  
**Inga Supe** (University of Latvia, Faculty of Education, Psychology and Art)  
*Monitoring of Implementation of the PROMEHS program in six European countries*

## S2 | Mental Health in Schools

15:00 – 16:30  
Thursday 30/6

Aula USV,  
E Building

### Chair:

**Florin Liviu Țibu**  
Stefan cel Mare University of  
Suceava, Romania

**Florin Liviu Țibu** (Stefan cel Mare University of Suceava, Romania)

**Patricia Conrod** (Université de Montréal, Canada)

**Alina Ionescu-Corbu** (Stefan cel Mare University of Suceava, Romania)

**Romina Bondor** (Stefan cel Mare University of Suceava, Romania)

*Adolescents' thoughts, emotions, and behaviors: Using the personality-targeted PreVenture program to reduce risk of psychopathology and associated problems*

**Patricia Conrod** (Université de Montréal, Canada)

*Long-term impact of personalized social and emotional learning workshops on adolescent mental health and substance use outcomes*

**Hanie Edalati** (Université de Montréal, McGill University, Canada) **Delphine Collin-Vézina** (McGill University, Canada)

**Patricia Conrod** (Université de Montréal, Canada)

*Adapting Personality-Targeted Interventions for Reducing Substance Use and Related Problems in Youth involved in Protection Services*

**Florin Țibu** (Stefan cel Mare University of Suceava, Romania)

*Personality risk factors in Romanian adolescents in institutional and foster care*

**Alina Ionescu-Corbu** (Stefan cel Mare University of Suceava)

**Romina Bondor** (Stefan cel Mare University of Suceava, Romania)

*Using the PreVenture program with institutionalized and foster care adolescents: some preliminary qualitative data*

## Workshops (W)





## W1A | Resilience – Promoting Through Education

13:00 – 14:30  
**Thursday 30/6**  
**Room: E 118,**  
**E Building**

**Laura Andreea Alexandrescu** (Verita International School, Bucharest, Romania, Romania)  
**Marius Luca** (Verita International School, Bucharest, Romania, Romania)  
*Getting started with SEE Learning (Social Emotional and Ethical Learning - Emory University)*

## W1B | Teacher Training in SEL and Mental Health

13:00 – 14:30  
**Thursday 30/6**  
**Virtual**

**Cecylia Bieganska** (PREPSEC International, Poland)  
*Mental Health at School with the PREPARE Curriculum - How to Use Cognitive Behavioral Tools to Support Child and Adolescent Mental Health (Virtual)*

## W2A | Evidence - Based Practices in SEL and Mental Health

15:00 – 16:30  
**Thursday 30/6**  
**Room: E 118,**  
**E Building**

**Eliezer Yariv** (Givat Washington College, Israel)  
*The "Envelop" Intervention for Assisting Emotionally Distressed Children: A Workshop*

## W2B | SEL for Adult Education

15:00 – 16:30  
**Thursday 30/6**  
**Virtual**

**Eleni Vardaki** (Independent service provider, Greece)  
*EFT Tapping for Adult SEL Education (Virtual)*

## W3A | Mental Health in Schools

10:30 – 12:00  
**Friday 1/7**  
**Room: E 119,**  
**E Building**

**Petre Feodorian Botnariuc** (National Center for Education Policy and Evaluation, Romania)  
**Alina Craciunescu** (National Center for Education Policy and Evaluation, Romania)  
**Cosmina Mironov** (National Center for Education Policy and Evaluation, Romania)  
*The SEEVAL Whole School Approach in Developing the Socio-Emotional Competences*

## W4A | Mental Health in Schools

10:30 – 12:00

**Saturday 2/7**

**Virtual**

**Cecylia Bieganska** (PREPSEC International, Poland)

*How to support the mental health and emotional well-being of teachers using the PREPARE Curriculum programs* **(Virtual)**

## W4B | Evidence - Based Practices in SEL and Mental Health

10:30 – 12:00

**Saturday 2/7**

**Virtual**

**Oana Dănilă** (Alexandru Ioan Cuza University, Romania)

**Simona Herb** (Alexandru Ioan Cuza University, Romania)

*Fostering connection: using Emotionally Focused Therapy to enhance relational satisfaction* **(Virtual)**

## Posters (P)



## P1 | Evidence - Based Practices in SEL and Mental Health

12:00 – 13:00

**Saturday 2/7**

**Aula USV, E Building**

**Chair:**

**Diana-Sînziana Duca**

(Stefan cel Mare

University of Suceava,

Suceava, Romania)

**A. Suzie Henning** (Eastern Washington Univesity, United States of America)

**Donita Torres** (Eastern Washington Univesity, United States of America)

**Eliza Jex** (Eastern Washington Univesity, United States of America)

**Carissa Gran** (Eastern Washington Univesity, United States of America)

*Teacher candidate perspectives of early SEL intervention efforts (Virtual)*

**Paula Lebre** (Faculty of Human Kinetics, University of Lisbon, Lisbon, Portugal & Inet –Md – Institute of Ethnomusicology – Dance, Faculty of Human Kinetics, University of Lisbon, Portugal)

**Elisabete Monteiro** (Faculty of Human Kinetics, University of Lisbon, Lisbon, Portugal & Inet –Md – Institute of Ethnomusicology – Dance, Faculty of Human Kinetics, University of Lisbon, Portugal)

**Celeste Simões** (Faculty of Human Kinetics, University of Lisbon, Lisbon, Portugal & Environmental Health Institute, Faculty of Medicine, University of Lisbon, Lisbon, Portugal)

**Leeroy Ferreira** (Faculty of Human Kinetics, University of Lisbon, Lisbon, Portugal)

**Gisela Ferré** (Fac. Ciències de l'Educació i Psicologia, Universitat Rovira i Virgili, Tarragona, Spain)

*Story makers Project - Many voices – many lives – The Portuguese experience (Virtual)*

**Sanja Tatalović Vorkapić** (Faculty of Teacher Education, University of Rijeka, HR)

*How to support early educational transitions of children? – An overview of university science project's activities from Croatia*

**Joviltė Beržanskytė** (Lithuanian Children and Youth Centre, Lithuania)

**Valeria Cavioni** (Lithuanian Children and Youth Centre, Lithuania)

**Elisabetta Conte** (Lithuanian Children and Youth Centre, Lithuania)

**Veronica Ornaghi** (Lithuanian Children and Youth Centre, Lithuania)

**Ilaria Grazzani** (Lithuanian Children and Youth Centre, Lithuania)

**Baiba Martinsone** (Lithuanian Children and Youth Centre, Lithuania)

*Teaching to be: fostering and improving teachers' professional wellbeing (Virtual)*

**Mari Janikian** (The American College of Greece, Greece)

*Mindfulness, wellbeing and school belonging among pre-adolescents during the COVID-19 pandemic (Virtual)*

**Adina Aurora Colomeischi** (Stefan cel Mare University of Suceava, Suceava, Romania)

**Tudor Colomeischi** (Stefan cel Mare University of Suceava, Suceava, Romania)

*The relationship between mental health problems and resilience among students. The moderating role of motivation for mathematics learning*

## P2 | Mental Health in Schools

12:00 – 13:00

**Saturday 2/7**

**Aula USV, E Building**

**Chair:**

**Diana-Sînziana Duca**

(Stefan cel Mare  
University of Suceava,  
Suceava, Romania)

**Josipa Mihić** (Faculty of Education and Rehabilitation Sciences, University of Zagreb, Croatia)

**Miranda Novak** (Faculty of Education and Rehabilitation Sciences, University of Zagreb, Croatia)

**Gabrijela Vrdoljak** (Faculty of Humanities and Social Sciences, Josip Juraj Strossmayer University of Osijek, Croatia)

**Toni Maglica** (Faculty of Humanities and Social Sciences, University of Split, Croatia)

**Darko Roviš** (Faculty of Medicine, University of Rijeka, Department of Public Health PGC, Croatia)

**Hana Gačal** (Faculty of Education and Rehabilitation Sciences, University of Zagreb, Croatia)

**Lucija Šutić** (Faculty of Education and Rehabilitation Sciences, University of Zagreb, Croatia)

*Positive Youth Development and Coping Skills in Adolescents (Virtual)*

## P3 | Resilience – Promoting Through Education

12:00 – 13:00

**Saturday 2/7**

**Aula USV, E Building**

**Chair:**

**Diana-Sînziana Duca**

(Stefan cel Mare  
University of Suceava,  
Suceava, Romania)

**Bianka Gönye** (Doctoral School of Psychology, ELTE Eötvös Loránd University & MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)

**Anna Szekely** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)

**Eszter Kotyuk** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Hungary)

*Social-emotional temperament dimensions and resilience in preschoolers (Virtual)*

**Petruța-Paraschiva Rusu** (University Stefan cel Mare of Suceava, Romania)

**Cornelia Ilciuc** (University Stefan cel Mare of Suceava, Romania)

*Humility mediates the association between religiosity and well-being*

**Liliana Bujor** (Stefan cel Mare University, Suceava, Romania)

*Angry and happiness socialization and well-being via emotion regulation. Testing a parallel mediation model*

**Anastasia Patera** (Esperino High School, Greece)

**Vasiliki Toutouki** (Esperino High School, Greece)

**Dimitrios Mageirias** (Esperino High School, Greece)

*Literature as a framework for Social and Emotional Learning*

**Lidia Acostoae** (Inspectoratul Scolar al Judetului Suceava, Romania)

**Tatiana Vintur** (Inspectoratul Scolar al Judetului Suceava, Romania)

**Adina Colomeischi** (Stefan cel Mare University from Suceava, Romania)

*Developing Teachers' Resilience through Teaching SE*

## P4 | SEL and Media & Technologies

12:00 – 13:00

**Saturday 2/7**

**Aula USV, E Building**

**Chair:**

**Diana-Sînziana Duca**

(Stefan cel Mare  
University of Suceava,  
Suceava, Romania)

**Nikoletta Magyar** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Budapest, Hungary)

**Luca Moskovits** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Budapest, Hungary)

**Tamas Borsos** (Obimon Systems Ltd., Hungary)

**Peter Haga** (Obimon Systems Ltd., Hungary)

**Mate Szebenyei** (Obimon Systems Ltd., Hungary)

**Anna Szekely** (MTA-ELTE Lendület Adaptation Research Group, Institute of Psychology, ELTE Eötvös Loránd University, Budapest, Hungary)

*Directed group play activities in a smart environment for developing adaptivity in preschoolers* **(Virtual)**





## Closing Ceremony & Conclusions

12:30 – 13:00

**Saturday 2/7**

**Room: Aula USV, E  
Building & Virtual**

**Chairs:**

**Carmel Cefai** (University of Malta, Malta)

**Adina Aurora Colomeischi** (Stefan cel Mare University of Suceava, Suceava, Romania)

**Sanja Tatalović Vorkapić** (Faculty of Teacher Education, University of Rijeka, Rijeka, Croatia)

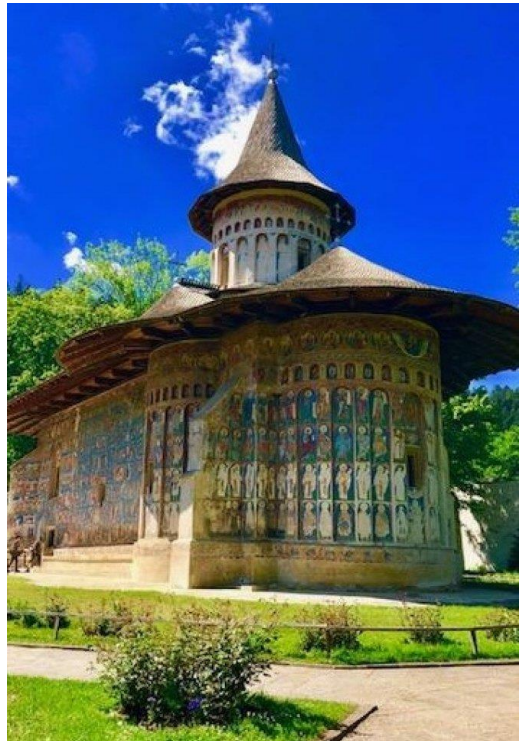


## **Cultural activities – UNESCO Painted Monasteries**



## Voronet Monastery

Perhaps the most famous and stunning of the painted monasteries is Voronet (*Voronets*), founded in 1487 by Stephen the Great to celebrate a victory over the Turks. Widely known throughout Europe as "the Sistine Chapel of the East" due to its interior and exterior wall paintings, this monastery offers an abundance of frescoes featuring an intense shade of blue commonly known as 'Voronet blue.' The composition of the paint continues to remain a mystery even now, more than 500 years after the church was built.



Added in 1547, the frescoes of this church illustrate biblical scenes, prayers, episodes of sacred hymns and themes such as *The Last Judgment* and *The Ladder of St. John*, featuring colorful and detail-rich imagery of apostles, evangelists, philosophers, martyrs, angels and demons. Today this Painted Monastery is probably the most famous one because of the particular blue called Voroneț blue.



It is known throughout the world for its exterior frescoes of bright and intense colours, and for the hundreds of well-preserved figures placed against the renowned azurite background. The small windows, their rectangular frames of crossed rods and the receding pointed or shouldered arches of the interior doorframes are Gothic. The south and north doors of the exonarthex have rectangular frames, which indicate a transition period from Gothic to Renaissance. But, above them, on each wall is a tall window with a flamboyant Gothic arch. The whole west façade is without any openings, which indicates that the intention of the Metropolitan Roșca was from the beginning to reserve it for frescoes. On the north

façade is still visible the original decoration of the church, the rows of ceramic enamelled discs in yellow, brown and green, decorated in relief. These include heraldic motifs, such as the rampant lion and the aurochs' head of the Moldavian coat of arms, and creatures inspired by Western European mediaeval literature, such as two-tailed mermaids. The tower is decorated with sixteen tall niches, in four of which are windows. A row of small niches encircles the tower above them. The fragmented roof probably follows the shape of the original roof, which doubtless was made with shingles. In 1785 the monastic life was interrupted when Bucovina became a part of the Habsburgic Empire.

Monastic life at Voronet was interrupted in 1785 under Habsburg rule. It returned only in 1991 with the arrival of a community of nuns which strives to harmoniously combine a religious life of prayer with housekeeping and farm work. The nuns run a painting workshop and provide guided tours of the monastery for visitors.

*Interesting facts:*

- Voronet Monastery was founded by Stephen the Great, ruling prince of Moldavia, to fulfill a pledge to Daniil, a hermit who had encouraged him to chase the Turks from Wallachia. After defeating the Turks, Stephen erected Voronet in less than four months.
- Portraits of ancient Greek philosophers, such as Aristotle and Plato, are featured in the *Tree of Jesus* fresco.

## Humor Monastery



At a distance of 5-6 km from Gura Humorului, in the picturesque village named Manastirea Humorului, **Humor Monastery** is located on the crest of a hill, surrounded by trees and meadows, one of the most known buildings of the Romanian Middle Age. From the inscription carved in rock, placed at the entrance on the exterior wall of the saint place, we find out that the church was



built in 1530 by Toader Bubuioga, a big chancellor and member of the Moldavia Council and his wife Anastasia. The holly place rises at a distance of around 300 meters from the ruins of an older monastery church whose construction was made even from the time of Alexandru cel Bun (1400-1432). Here appears, for the first time in the construction of Moldavia's churches, the open hallway and a new room at the floor, named the mysterious, which overlaps to the tomb room.

**Humor monastery's** church, together with Voronet Monastery, Moldovita Monastery, Arbore and Sucevita monastery, is one of the five buildings, decorated by them on the inside and on the outside, by Byzantine frescoes. This is what differentiates from all the other churches in the Orthodox world. In Humor church's case, the admiration is attracted by its exterior frescoes













